



# YOUR ULTIMATE GUIDE TO **CUE QUEST 2019**

NEW STUDENT ORIENTATION



**BURMAN**  
UNIVERSITY



# WELCOME to #BURMANU!

You've arrived just in time for CUE Quest 2019.

Here are the ground rules:

- Soak in the information.
- Make new friends.
- Create great memories.

Our campus has been waiting for you.

So glad you're finally here, we are excited to meet you!  
We encourage you to take part in all the events you will find  
in this guide. They are for your information and  
enjoyment at no extra cost.

## FROM YOUR STUDENT LEADERS



### DEAR NEW STUDENT,

It is our absolute pleasure, as your Burman University Student Association (BUSA), to welcome you onto our campus. Every year we get an amazing group of freshman and this time around that includes you! As your elected officers our role is to help you grow in every aspect of your life and assist you in having the best experience possible.

Now as soon as you stepped onto this campus you became a part of the Burman family. Which means that we look out for one another. So, as you further your education, grow your spirituality, and focus on your future, you will not be alone. We will always be ready to provide a helping hand, encouraging word, and even a shoulder to cry on.

We encourage you to try new things, get involved in what our university has to offer and see how it can benefit you the most. Look into clubs, praise groups, and even some crazy classes.

We encourage you to grow with God. Take advantage of the unique environment Burman has to offer and allow it to strengthen your relationship with Christ.

We encourage you to strive for greatness. This applies not only in the classroom but in everything you take part in during your time at Burman. Each and every one of you is capable of amazing and great things, so take this time to pursue your goals.

Most importantly, we encourage you to not be afraid. We as BUSA are always striving to empower you to take every opportunity and run with it. We want to see you grow and be fruitful.

We are all excited to meet each and every one of you and wish you the best on your new journey!

*The 2019-2020 BUSA Officers*



# TO-DO LIST BEFORE ARRIVING ON CAMPUS

Trust us: There's no one more excited about your arrival on campus than us.

Okay, fine. You might be a tad bit more excited than us, but we're pretty close.

Before we all get too excited, we want to make sure you're ready to arrive on campus. Check out the to-do list and see if you've missed any steps. We've highlighted who to contact to accomplish each step. If you run into any issues, don't hesitate to give your Enrolment Advisor a quick phone call or email to make sure you're on the right track.

- Online application**  
[www.burmanu.ca/apply](http://www.burmanu.ca/apply)
- Transcripts + Proof of citizenship**  
Enrolment Advisor: (403) 782-3381 ext. 4127
- Admission**  
Admissions: (403) 782-3381 ext. 4006
- Confirmation deposit**  
Student Financial Services: (403) 782-3381 ext. 4016
- Student spending plan**  
Student Financial Services: (403) 782-3381 ext. 4016
- Dorm application**  
[www.burmanu.ca/residence/reservations/](http://www.burmanu.ca/residence/reservations/)
- Register for classes**  
Your first-year academic advisor will get in touch with you.

# PARENTS AND SUPPORTERS CORNER



As a parent or supportive family member or friend, we know it's hard to leave your treasure in others' hands. We want to make sure that you are confident you've left them in the best hands. We have planned the following events on Monday for you to get information and ask questions. For more details, please see our schedule of events.

- Watermelon Feed  
Sunday, 7:30 PM, Hilltop Hideout
- Burman Welcome and Intro Sessions  
Monday 9 AM - noon, Admin Chapel
- Parents only Info Lunch (Free for parents)  
VEDGE (cafeteria) Sunrise Room
- Burman Intro Sessions continue  
Monday 1 - 2:45 PM, Admin Chapel
- Parent Prayer Walk  
Monday 3 PM, Meet in Admin Lobby
- Mix & Mingle Supper  
Monday 5:30 PM, VEDGE (cafeteria)

## HAVE QUESTIONS?

Here are some numbers you can have on speed dial if you ever have a pressing question:

Enrolment Advisors  
Melody Ilacas: Ext. 4192  
Tiniel Parredon-Pelley: Ext. 4193

First-Year Academic Advisors  
Bonita Campbell: Ext. 4051  
Julie Grovet: Ext. 4097  
Trina Hosking: Ext. 4089

Dorm: (403) 782-3381 ext. 5002 or 4067  
Student Services: (403) 782-3381 ext. 4033





## FRIDAY, AUGUST 23

### CAFETERIA (VEDGE) HOURS:

|           |                 |
|-----------|-----------------|
| Breakfast | 8 - 9 AM        |
| Lunch     | 11:30 AM - 1 PM |
| Supper    | 5 - 6 PM        |

You can start moving in to the dorm at noon.

Be sure to:

- let the deans know when you will be arriving to ensure your room is ready.
- stop by the Welcome Table to pick up useful info for the week ahead!
- First Year Academic Advisor available 10 AM - 5 PM at Science Centre Office S117
- you are invited to vespers in the Lakeview Hall Lobby 8:30 - 9 PM

## SATURDAY, AUGUST 24

### CAFETERIA (VEDGE) HOURS:

|           |   |
|-----------|---|
| Breakfast | Cafeteria is not open. Muffins & juice will be served in the Lakeview Hall Lobby. |
| Lunch     | 1 - 2 PM  |
| Supper    | 5 - 6 PM  |

Church services at College Heights Seventh-day Adventist Church 9:15 AM (first service) and 11:45 AM (IGNITE). Sabbath School begins at 10:30 AM. An alternate Sabbath School will be held in the Lakeview Hall Lobby at 10 AM. You are more than welcome to join us for worship!

## SUNDAY, AUGUST 25

### CAFETERIA (VEDGE) HOURS:

|        |                 |
|--------|-----------------|
| Brunch | 11:30 AM - 1 PM |
| Supper | 5 - 6 PM        |

It's officially moving day! The dorm will be busy with activity today as the rest of our new students move into the dorm. Make sure to stop by and say hello to our friends at the Burman Welcome Table.

|                |   |
|----------------|---|
| 10 AM - 4 PM   | First Year Academic Advisors available                              |
| 10 AM - 4 PM   | Financial Services Office open                                      |
| 11 AM - 3 PM   | ABC Bookstore open  |
| 11 AM - 5 PM   | Bower Mall Hours (South End, Red Deer)                              |
| 7:30 - 8:30 PM | BUSA hosts Watermelon Feed at the Hilltop Hideout - Lower Cafeteria |

# SCHEDULE OF EVENTS

## MONDAY, AUGUST 26

### 8 - 8:30 AM BREAKFAST VEDGE

You will need your student ID Card for this meal.

### 8:30 AM REGISTRATION Administration Building Foyer

Arrive for registration on time to let us know you are here. Don't forget to bring your personal digital device.

### 9 AM WELCOME & INTRODUCTIONS Administration Building Chapel

President Agrey wants to personally welcome you to our campus. Come meet some of your new campus family. Please plan to attend; this is a required session; bring your ID card.

### 11 AM BURMAN CAMPUS SERVICES Administration Building Chapel

Learn more about the resources available to you as a Burman student. Get all the information you need to survive the first few weeks of academic life on the hilltop.

### 12 PM IT'S LUNCHTIME VEDGE

Everyone is invited for a free meal. Tell your parents they are welcome to take their meal to the Sunrise Room for a private info session with VP Student Services.

### 1 PM BURMAN CAMPUS SERVICES Administration Building Chapel

Learn more about the resources available to you as a Burman student. Get all the information you need to survive the first few weeks of academic life on the hilltop.

### 3 PM PROGRAM TOUR Administration Building Chapel

You've chosen your major, now it's time to meet your professors! They're excited to show you around. Find out where most of your classes will be and who else is in your program.

### 5:15 PM CLASS PHOTO Meet at the Sundial

There are two major class photos: let's take one today to compare to the one we take on your graduation day. Make sure you're on time to be part of this special memory.

# CUE QUEST 2019

## CUE QUEST RANCH PACKING LIST

- A sense of adventure :)
- Bible
- Comfortable outdoor clothing
- Jeans for horseback riding (Shorts, capris, etc are NOT acceptable)
- Boots with a distinguishable heel for horse back riding. NO hiking boots
- Running shoes and shoes that can get wet and muddy
- Indoor footwear (socks, sandals or slippers)
- Warm, rain repellent jacket
- Swimsuit
- Sleeping bag, pillow and sleepwear
- Extra blankets
- A fitted twin sheet to cover mattress
- Toiletries
- Towel/washcloth
- Flashlight
- Do NOT bring snacks containing nuts

### 5:30 PM Mix & Mingle SUPPER VEDGE

Have supper with your professors and classmates. Ask questions, share stories...have a conversation! Get to know the people who will join you in your university journey for the next few years. Parents are welcome.

### 6:15 - 6:45 PM Scholars' Advantage Sunrise Room - Cafeteria

Find out how to get a scholars' designation on your transcript.

### 7 PM PAINT YOUR TEAM/CAPTURE THE FLAG Aurora Athletic Field

Can you capture the flag? Come get your free Burman T-Shirt painted, then join your Student Association (BUSA) in this exciting competition. Banana Splits to follow.

### 10 PM GET ORGANIZED Your room

Get your things organized for a 9 AM departure tomorrow. Refer to the list above.

### 11 PM LIGHTS OUT

## TUESDAY, AUGUST 27

### 8 AM BREAKFAST VEDGE

Trust us...this won't be a typical day! You won't want to miss out so don't waste any time. You will need your student ID Card for this meal.

### 9 AM BUS BOARDING PE Centre

Buses will pick you up at the PE Centre parking lot. (Commuter students have permission to leave their vehicles in the gym parking lot.) Make sure you're there on time with everything you will need. Attendance will be taken for this mandatory event.

### 11 AM ARRIVE AT RANCH

Settle into your accommodation. Be ready for Kick-Off at North Lodge by 11:30 AM.

### 11:30 AM KICK-OFF North Lodge

Be sure to sign up for this afternoon's Ranch Activities.

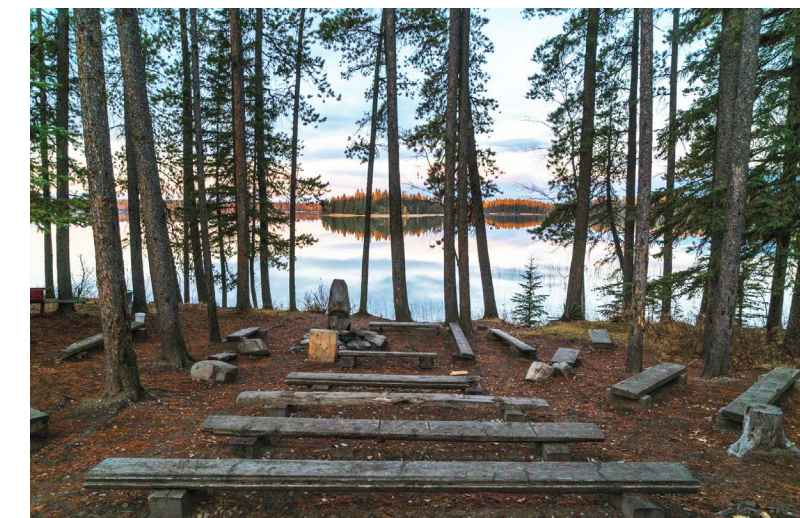
### 12:15 PM LUNCH Ranch House

### 1:20 PM SESSION #1 *Limitless - Purpose.Vision.Goals*

Create clarity. Be inspired and gain momentum to make the next few years of your life highly successful, full of abundance and joy.

### 2:30 PM SESSION #2 *God Given Grit*

Starting university can be intimidating. You have been bombarded with so much information... now, here's the motivation, inspiration and encouragement you need to get started.



# SCHEDULE OF EVENTS

# CUE QUEST 2019

## LIFE AS A RESIDENCE STUDENT PROVIDES:

- opportunities to be close to classes, activities, and study resources; it reduces transportation costs and time lost in transit.
- opportunities for student support while adjusting to post-secondary life on a 24/7 basis from trained staff, peer mentors and senior students.
- opportunities for students to get more involved in the social, athletic and academic activities that contribute to success.
- opportunities to foster lifetime relationships.
- the privilege of a yearly, unlimited BOLT bus pass for use in Lacombe and into Red Deer.

### 3:45 PM ACTIVITIES Various Locations

Choose from 4 or 5 unique activities. Signup will be available at Kick-off on Tuesday.

### 6 PM SUPPER Ranch House

### 7 PM OLYMPICS

Enjoy SWAT performances, play some games and relax at the end of your day.

### 11 PM LIGHTS OUT



## WEDNESDAY, AUGUST 28

### 8:30 AM BREAKFAST Ranch House

### 9:30 AM SESSION #3 *Its Okay to Not Be Okay*

Eager students arrive every September full of hopes, dreams and expectations. As millions of students head off to university, it can be a time of significant change and intense challenges to their emotional health and well being. What can you do to ensure that you, your roommate, classmate and peers feel supported, accepted and encouraged as they work through the academic year.

This session will enlighten you about barriers and stigma related to mental health, appropriate, respectful language to use and an understanding of how you can help create a positive, stigma-free environment on our campus.

In addition, you will have the chance to reflect on some of the beliefs, values, ideals and expectations you bring to this campus.

### 11:15 AM CONNECTIONS An opportunity to build lasting friendships.

### 12:15 PM LUNCH Ranch House

### 1:30 PM CONNECTIONS (CONT'D) An opportunity to build lasting friendships.

### 2:30 PM SESSION #4 *At Your Service*

An introduction to the resources available to you from Student Services.

### 3:45 PM ACTIVITIES Various Locations

Choose from 4 or 5 unique activities. Signup will be available at Kick-off on Tuesday.

### 6 PM SUPPER Ranch House

### 7 PM NO TALENT SHOW

Come enjoy more SWAT charm, with an enchanting evening of talent... or is it talent? You decide...

### 11 PM LIGHTS OUT

## ENROLMENT CHECKLIST

- Final Admissions Documents (Admissions)
- Financial Clearance (Student Financial Services)
- ID Card/BOLT Bus Pass (Student Financial Services)
- Course enrolment (First-year Academic Advisors)
- Create Network Access download Campus Calendar to Google Calendar on a personal device (IT Services)
- Parking/vehicle registration (Facility Maintenance)
- Mailbox for Off-Campus Students (Student Services)
- Off-Campus Students pick up key fob for Social Eyez and Hilltop Hideout student lounges (Student Services)
- Pick Up Agenda (hard copy) (Student Services)
- Student Medical Insurance (Burman Current Student webpage choose plan or OPT-OUT September 1 - 13)
- Possible employment opportunities, pick up Student Employment Contact List (Student Financial Services)

## THURSDAY, AUGUST 29

### 8:30 AM BREAKFAST Ranch House

### 9:30 AM SESSION #5 *Campus Safety/Parking/Transportation*

Your safety is definitely our priority. Campus Safety wants to share a few tips along with parking and airport transportation guidelines.

### 10:30 AM SCHOLARSHIP DRAW

You won't want to miss this opportunity to see if you won a \$500 Scholarship!

### 10:45 AM PACK, CLEANUP, LOAD BUS Ensure your luggage is labeled and you leave nothing behind.

### 11:15 AM BUS LEAVES

### 12:30 PM LUNCH Casey's Cabin

We want to introduce you to some Burman University graduates to give you a sense of the impact a degree from our institution can have on your career path.

### 2:45 PM PICK UP LUGGAGE Lakeview Hall Lobby

### 3 PM ENROLMENT CHECKLIST Various locations

Before you officially start your first semester as a new student at Burman, there are a few things you need to check off your list. Refer to our Enrolment Checklist and make sure you've checked everything off.

### 3 - 5 PM EMPLOYMENT OPPORTUNITIES Various office locations

Drop off your resume at as many offices as you feel qualified. Pick up a brochure of offices to visit at Student Financial Services.

### 3 - 7 PM CHORAL UNION AUDITIONS West Hall RM 200

### 3 - 5:15 PM SYMPHONY ORCHESTRA AUDITIONS West Hall RM 205

Remember to bring 2 contrasting pieces of music.

### 3 - 7 PM LIBRARY/WRITING CENTRE OPEN HOUSE

Sign up for a group tour (5 at a time).

### 3-7 PM FIRST YEAR ACADEMIC ADVISORS Various office locations

Your first-year academic advisors will be available in their offices if you need to touch base with them.

### 5:30 PM SUPPER VEDGE

Supper is ready! Make sure to use your student ID for all meals at the cafeteria.

### 7 PM DORM ORIENTATION Lakeview Hall

Living in the dorm? Your deans, student deans and resident assistants (RA) want to give you tips and guidelines on how to enjoy living in the dorm. Think of them as your family away from home.

### 9 PM MIDNIGHT BREAKFAST Lakeview Hall

It's been a long day packed with a lot of information. Supper was hours ago and we know you must be hungry. Comuter students, please join us for a late night breakfast.

### 11 PM LIGHTS OUT



# SCHEDULE OF EVENTS

## AVAILABLE FRIDAY SEMINARS

### *The Inquiring Mind* (3 1/2 hrs)

This course will give you practical knowledge of mental health and mental illness so you can:

- Recognize signs and indicators in yourself and others
- Reduce stigma and negative attitudes
- Support friends and peers with mental health problems
- Maintain your own mental health: improve your resilience

The Inquiring Minds, developed for the undergraduate student audience, aims to increase awareness of mental health, reduce the stigma of mental illnesses and offer resources to maintain positive mental health and increase resiliency.

Equally important goals are to create a supportive environment, strengthen the campus culture and contribute to a healthy campus.

### *Question, Persuade and Refer (QPR)* 1 1/2 hrs

Ask a Question, Save a life - QPR is a gatekeeper course to help individuals recognize and support a friend who may be suicidal. Individuals trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade and refer someone at risk to get the help they need.

Learn 3 simple steps that anyone can use to help prevent suicide. In less than 1 1/2 hours, you will learn how to save a life using the evidence-base PQR method.

## FRIDAY, AUGUST 30

### 8 AM BREAKFAST VEDGE

You will need your student ID Card for this meal.

### 9 AM STUDY PERMIT INFO SESSION Administration Building Chapel

This is an important info session for all international and US students with study permits. Come with your questions and concerns.

### 10 AM PLANT YOUR ROOTS Meet at Administration Building Chapel

We are so glad that you've chosen Burman University as the place to plant your post-secondary roots. To honour your decision and to show our support, we will join you in this unique Burman tradition.

### 10:30 AM MATRICULATION CEREMONY College Heights SDA Church

The time has come to make it official. We want to celebrate you and motivate you in your new role as a student at Burman University.

### 12 PM LUNCH VEDGE

Lunch is ready for you! Make sure to use your student ID for all meals at the cafeteria.

### 12:30 PM INQUIRING MIND Administration Building RM A041

This session is developed for undergraduate students to increase their awareness of mental health, reduce the stigma of mental illnesses, and offer resources to maintain positive mental health and increase resiliency.

### 12:30 PM QUESTION, PERSUADE & REFER (QPR) Administration Building RM A207

Ask a Question: Save a life! Learn 3 simple steps to help recognize and prevent suicide.

### 1 - 2:30 PM CHORAL UNION AUDITIONS West Hall RM W200

### 3 - 5:15 PM SYMPHONY ORCHESTRA AUDITIONS West Hall RM W205

Remember to bring 2 contrasting pieces of music.

### 3 - 5 PM ACRONAIRE OPEN HOUSE Acro Centre

### 3 - 5 PM LIBRARY/Writing CENTRE OPEN HOUSE

### 5:30 PM SUPPER VEDGE

Supper is ready! Make sure to use your student ID for all meals at the cafeteria.

### 7:30 PM CAYA (Come As You Are) Administration Building Chapel

This will be your first opportunity to welcome the Sabbath with your fellow classmates. Enjoy a dynamic speaker, meet your Campus Ministries Team and discover where your talents and interests can be of service.

### 8:45 PM AFTERGLOW

Relax, enjoy a time of praise and testimony. Refreshments to follow.

# CUE QUEST 2019

## SATURDAY, AUGUST 31

### 10 AM BREAKFAST/SABBATH SCHOOL Lakeview Hall Lobby

Join your Campus Ministries Team for breakfast followed by a lively, thought provoking discussion.

### 11:45 AM IGNITE College Heights SDA Church

A worship service geared specifically for young adults.

### 1:30 PM LUNCH VEDGE

Lunch is ready for you! Don't forget your student ID.

### 3:00 PM VOLUNTEER OPPORTUNITY Hilltop Hideout

Let's create some shock waves...we need your help! Come join us at the Hilltop Hideout as we prepare roses to give to random people throughout the city of Lacombe. Let's make people smile!

### 5:30 PM SUPPER VEDGE

### 9 PM OPEN GYM PE Centre

Badminton, volleyball, basketball. What's your choice? At least come for snacks.

## SUNDAY, SEPTEMBER 1

### 11:30 AM - 1 PM BREAKFAST HOURS VEDGE

### 12:30 PM FUN WITH BOLT Social Eyez/ABC Bus Stop BBQ

\$300 worth of prizes...laser tag, cinema tickets and more!! You won't want to miss this opportunity. Pick up a hot dog at Social Eyez/ABC; then hop on a bus for an afternoon full of surprises. (You will be given \$10 to spend on supper at the Bower Mall food court)

## MONDAY, SEPTEMBER 2

### 11:30 AM - 1 PM BREAKFAST HOURS VEDGE

### 2 - 5 PM SHOPPING @ PARKLAND MALL

Pickup from Lakeview Hall: will return to campus by 5:45 PM

### 5 - 6 PM SUPPER VEDGE

### 7 - 8:30 PM SOCCER PE Centre

## LIFE AS A COMMUTER STUDENT

Campus involvement is an essential part of a successful university experience. Don't hesitate to:

- participate in CUE Quest Orientation Week.
- stay on campus after classes to study and enjoy activities happening throughout the day.
- make friends with students living in residence, they're connected and can help you.
- read *Info Screens* and check the *Campus Calendar* to keep in touch with campus life.

Burman provides Commuter Students with:

- parking, visit Facility Maintenance to purchase a parking pass.
- two student lounges. *Social Eyez* is located in the strip mall beside *Outward Pursuits*. The *Hilltop Hideout* is found in the lower level of the cafeteria.
- a *Safe Walk* service for those on campus between 7pm and 6am. To request a *Safe Walk* escort, call 403.782.3381. ext. 0. The operator will forward your request to security personnel who will pick you up and escort you to your destination in a safe and efficient manner.
- the privilege of a yearly, unlimited BOLT bus pass for use in Lacombe and into Red Deer.



|          | MONDAY, August 26  | TUESDAY, August 27                                     | WEDNESDAY, August 28   | THURSDAY, August 29  | FRIDAY, August 30  | SATURDAY, August 31                                      | SUNDAY, September 1  |                                    |
|----------|--|--|------------------------|--|--|--|--|------------------------------------|
| 8:00 AM  | BREAKFAST  | BREAKFAST  |                        |  | BREAKFAST  |  |  |                                    |
| 8:30 AM  | REGISTRATION 8:30 AM - 9 AM<br>Administration Building<br><br>(P) Welcome and<br>BURMAN SERVICES<br>INTRODUCTIONS<br>Administration Building Chapel<br><br><b>Bring your personal digital device</b> |  | BREAKFAST              | BREAKFAST  |  |  |  |                                    |
| 9:00 AM  |  | BUS BOARDING 9 AM<br>PE Centre                         |                        |  | STUDY PERMIT INFO SESSION<br>9 AM Administration Building Chapel |  |  |                                    |
| 9:30 AM  |  |  |                        |  |  |  |  |                                    |
| 10:00 AM |  |  |                        | SESSION # 3  | SESSION # 5  | PLANT YOUR ROOTS 10 AM<br>Meet @ Administration Building |  |                                    |
| 10:30 AM |  |  |                        |  |  | MATRICULATION CEREMONY<br>College Heights SDA Church     | BREAKFAST and<br>SABBATH SCHOOL<br>Lakeview Hall Lobby<br>10 AM  | BREAKFAST HOURS<br>11:30 AM - 1 PM |
| 11:00 AM |  |  | ARRIVE at DESTINATION  | CONNECTING   | <b>\$500 SCHOLARSHIP DRAW</b>                                    |  |  |                                    |
| 11:30 AM |  |  |                        |  |  |  |  |                                    |
| 12:00 PM | FREE LUNCH<br>12 - 1 PM<br>Cafeteria   | FREE LUNCH<br>with<br>VP Student Services<br>Cafeteria |                        | PACK UP &<br>TRIP BACK TO CAMPUS   |  |  |  |                                    |
| 12:30 PM |  | LUNCH TIME   | LUNCH TIME             |  | LUNCH TIME   |  |  |                                    |
| 1:00 PM  | (P) BURMAN SERVICES<br>INTRODUCTIONS<br>Administration Building Chapel   |  |                        | ALUMNI LUNCHEON (FREE)<br><i>Casey's Cabin</i>   |  |  |  |                                    |
| 1:30 PM  |  | SESSION # 1  | CONNECTING             |  | <b>INQUIRING MIND</b><br>12:30 - 4 PM<br>A 041                   | QPR<br>12:30 - 2 PM<br>A 207                             |  |                                    |
| 2:00 PM  |  |  |                        |  |  |  |  |                                    |
| 2:30 PM  |  |  |                        | ENROLMENT CHECKLIST<br>3 - 5 PM Various locations  | CHORAL UNION AUDITIONS<br>1 - 2:30 PM West Hall Room 200         |  |  |                                    |
| 3:00 PM  | PROGRAM<br>TOUR<br>3 - 4:30 PM<br>Administration<br>Building   | PARENT PRAYER<br>WALK<br>Meet at<br>Admin Lobby        | SESSION # 2            | CHORAL UNION AUDITIONS<br>3 - 7 PM West Hall Room 200  | ORCHESTRA AUDITIONS<br>3 - 5:15 PM West Hall Room 205            | VOLUNTEER OPPORTUNITY<br>3 PM                            | MONDAY, September 2  |                                    |
| 3:30 PM  |  |  |                        | ORCHESTRA AUDITIONS<br>3 - 5:15 PM West Hall Room 205  | ACRONAIRE OPEN HOUSE<br>3 - 5 PM Acro Centre                     |  | BREAKFAST HOURS<br>10 AM - 2 PM  |                                    |
| 4:00 PM  |  |  |                        | FIRST YEAR ACADEMIC ADVISORS<br>3 - 6:30 PM Various office locations   | LIBRARY OPEN HOUSE<br>3 - 5 PM Library                           |  | Shopping @ Parkland Mall<br>Walmart, Staples, Winners<br>2 - 5 PM  |                                    |
| 4:30 PM  |  |  | ACTIVITIES             | LIBRARY OPEN HOUSE<br>3 - 7 PM Library   |  |  |  |                                    |
| 5:00 PM  |  |  |                        |  |  |  |  |                                    |
| 5:30 PM  | CLASS PHOTO 5:15 PM<br>Sundial   |  |                        |  |  |  |  |                                    |
| 6:00 PM  | (P) MIX & MINGLE SUPPER 5:30 PM<br>Cafeteria   |  |                        | SUPPER TIME  | SUPPER TIME  | SUPPER TIME  | Soccer<br>7 - 8:30 PM PE Centre  |                                    |
| 6:30 PM  |  | SUPPER TIME  | SUPPER TIME            |  |  |  |  |                                    |
| 7:00 PM  |  |  |                        |  |  |  | Core Events<br>These events will give you<br>important information<br>to succeed as a Burman<br>student. |                                    |
| 7:30 PM  | BUSA PRESENTS...<br>PAINT YOUR TEAM<br>CAPTURE THE FLAG<br>BANANA SPLITS<br>7 PM<br>Aurora Athletic Field  | OLYMPICS   | NO TALENT, TALENT SHOW | (D) DORM ORIENTATION<br>7 PM<br>Lakeview Hall Chapel   | CAYA<br>7:30 PM<br>Ad Building Chapel                            |  | Social Events<br>Everyone is welcome to join<br>us for a time to socialize and<br>connect.               |                                    |
| 8:00 PM  |  |  |                        |  |  |  |  |                                    |
| 8:30 PM  |  |  |                        |  |  |  |  |                                    |
| 9:00 PM  |  |  |                        |  |  |  |  |                                    |
| 9:30 PM  |  |  |                        |  |  |  |  |                                    |
| 10:00 PM | GET ORGANIZED<br>Check the CUE Quest Packing List  |  |                        | MIDNIGHT BREAKFAST<br>9 PM<br>Lakeview Hall Lobby<br>Community Students,<br>we want you back. Please join us | AFTERGLOW<br>8:45 PM   | OPEN GYM<br>9 PM   | Parent Events<br>These events are for parents<br>only.   |                                    |
| 10:30 PM |  |  |                        |  |  |  | (D) For dorm students only<br>(P) Parents are welcome  |                                    |

# 1<sup>ST</sup> YEAR EXPERIENCE EVENTS

## ***Freshmen Potluck***

**Date:** September 21, 2019

**Time:** 2 - 4:30 PM

**Venue:** Hilltop Hideout

**Description:** Potluck for Freshmen and student leaders with time to chat and share testimonies of how God has led.

## ***Snakes and Lattes***

**Date:** October 26, 2019

**Time:** 10 PM - 12 AM

**Venue:** Youth Centre

**Description:** Night of boardgames, hot drinks and hors d'oeuvres

## ***Lip Sync Competition***

**Date:** November 16, 2019

**Time:** 7:30 - 9:30 PM

**Venue:** Lakeview Hall

**Description:** Freshmen will compete in a lip sync competition for a monetary grand prize and sectional prizes.

## ***Pyjama Party/Sleepover***

**Date:** January 18, 2020

**Time:** 8 PM - 8 AM

**Venue:** Gym

**Description:** Pyjama party in the gym will include games, food eating contests, karaoke, movie etc. Sleepover into the next morning. Wake up to breakfast "in bed".

## ***Service Day***

**Date:** April 4, 2020

**Time:** During the day on Sabbath (time TBA)

**Venue:** Community

**Description:** Freshmen will pack care packages etc and go into the community to distribute them, offer free hugs and hot chocolate to people on the streets in the cold etc. Share the love of Jesus.

# IMPORTANT DATES

## CUE Quest

### Cornerstone

**Thursday, September 12 11 AM**

Hilltop Hideout Free lunch provided

It is time to check back with SWAT and your fellow classmates. How have you survived your first week? Come find out how to resource the tools needed to lay the cornerstone for your educational foundation.

Note: Student Services will be there to answer any questions about your Student Medical Insurance Options . The deadline to make a decision is tomorrow!!

## CUE Quest

### Keystone

**Thursday, October 31 11 AM**

Hilltop Hideout Free lunch provided

Mid-terms are done and now is the key-time for self-reflection. Are you happy with what you have accomplished? What are the tools you will need to bring this semester to a successful conclusion? Let us help you find them. These tools will also help you build the confidence to meet the challenges of second semester!

## CUE Quest

### Capstone

**Thursday, March 26 11 AM**

Hilltop Hideout Free lunch provided

You are almost finished your first year!! What kept you motivated? What helped you most? Could you have handled things better? Have you developed habits that are worth keeping? Come debrief and learn how to enter into your second year at Burman University.

# STUDENT CONDUCT

As members of a Christian university community, students will want to live in harmony with Biblical principles. Students are to be honest in all things, avoiding suspicion by not misusing keys or entering or exiting buildings through other than normal exits. Students should not violate federal, provincial or civil criminal codes by doing such things as stealing or using or possessing non-prescribed drugs.

Because the university upholds the belief that whatever we eat, drink or do should bring glory to God (1 Corinthians 10:31), students will avoid using, possessing or furnishing to others, tobacco products, illegal or prescription drugs for misuse, all alcoholic beverages, or pornographic and occultic materials. Paul, in Romans 12:2, encourages us to be different from the world. This, along with his statement in Philippians 4:8, directs us to focus on the true, the honourable and whatever is right and pure.

1 Corinthians 6:9-10 clearly counsels the avoidance of sexual promiscuity and perversion. As Christians, we know we are not our own but bought with a price (1 Corinthians 6:19). Students will therefore want to glorify God through their lifestyle.

Students who become involved in any of the aforementioned inappropriate activities may be counseled, disciplined or separated from the university for a time. Illegal activities will be reported to local authorities. Action may be taken by Dean's Council, Discipline Committee or by an appropriate administrator. Remembering these basic guidelines will make time spent at Burman University safe, fun and memorable.

Further details concerning expectations can be found online in the Student Handbook at: [www.burmanu.ca/student-services/policies](http://www.burmanu.ca/student-services/policies)

# MEDICAL INSURANCE

**ALBERTA/PROVINCIAL HEALTH CARE CARDS:**  
All students must have a Provincial Health Care Card/Number. In the Province of Alberta when accessing all medical services a Health Care Card and picture ID must be provided before services are rendered. Please be sure you have your provincial health care card with you.

Out of province students, please check with your Provincial Health Care Department to confirm what you need to do to have health care coverage while you are here at school. If you are from Quebec, you are required to pay for all medical appointment fees and then submit a receipt to Quebec Health Care and they will reimburse you the full fee. Burman University will not pay this fee.

\*International students must personally apply for Alberta Health Care upon arrival. The application may be picked up from Student Finance Services. It takes about one week for the application to be processed by Alberta Health Care. This whole process should be completed within 14 days of your arrival on campus.

Upon receipt of the card the student must take it to Student Finance Services to verify that they have Alberta Health Care.

All International students are advised to apply for 30 days of Foreign Travel Medical Insurance coverage before leaving home in the event of an emergency during this period of time.

## STUDENT MEDICAL INSURANCE:

Burman University has an agreement with WeSpeak-Student to provide various health care coverages for our full-time students from September 1 - August 30. Students are able to "opt out" prior the deadline date with proof of alternate coverage. To see Burman University's student medical insurance details, please see Student Medical Insurance on our policy webpage: [www.burmanu.ca/student-services/policies](http://www.burmanu.ca/student-services/policies)

# BOLT

Monday to Friday, BOLT public transit provides Burman Students with service to Lacombe and Red Deer. Parkland Mall (Walmart) in Red Deer may be your first stop or transfer to ROUTE 10 from Sorensen Station to get to Red Deer Hospital, Red Deer College and Bower Mall (Gaetz Ave. stop only)



# IMPORTANT DATES

## Fall Semester

|                         |   |
|-------------------------|---|
| <b>Sep 3</b>            | Classes Begin   |
| <b>Sep 3 - 16</b>       | 100% Tuition and Mandatory Fee Refund                         |
| <b>Sep 3 - 9</b>        | 100% Tuition Refund for First Half-Term Classes               |
| <b>Sep 9</b>            | Last Day to Add a Course                                      |
| <b>Sep 13</b>           | Deadline to choose Student Medical Insurance Coverage Options |
| <b>Sep 16</b>           | Last Day to Drop Full-Time Course                             |
| <b>Oct 12 - Oct 15</b>  | Thanksgiving Reading Break                                    |
| <b>Oct 16</b>           | Classes Resume  |
| <b>Oct 17</b>           | Fall Term Mid-point   |
| <b>Nov 11</b>           | Remembrance Day Reading Break                                 |
| <b>Nov 12</b>           | Classes Resume  |
| <b>Dec 2</b>            | Last Day of Classes   |
| <b>Dec 3, 4</b>         | Reading Days  |
| <b>Dec 5, 6, 9 - 12</b> | Final Exams   |
| <b>Dec 13 - Jan 5</b>   | Christmas Break   |

## Winter Semester

|                             |  |
|-----------------------------|--|
| <b>Jan 6</b>                | Classes Begin  |
| <b>Jan 7</b>                | CUE Quest ReMix  |
| <b>Jan 6 - 17</b>           | 100% Tuition and Mandatory Fee Refund  |
| <b>Jan 6 - 10</b>           | 100% Tuition Refund for First Half-Term Classes                                |
| <b>Jan 10</b>               | Last Day to Add a Course   |
| <b>Jan 17</b>               | Last Day to Drop Full-Time Course  |
| <b>Jan 17</b>               | Deadline for new students to choose Student Medical Insurance Coverage Options |
| <b>Feb 15 - 18</b>          | Family Day Reading Break   |
| <b>Feb 19</b>               | Classes Resume   |
| <b>March 14 - 22</b>        | Spring Reading Break   |
| <b>March 23</b>             | Classes Resume   |
| <b>Apr 9</b>                | Last Day of Classes  |
| <b>Apr 10 - 14</b>          | Reading Days   |
| <b>Apr 15 - 17, 20 - 22</b> | Final Exams  |

For other events on our campus, check out the Burman University website: [www.burmanu.ca/googlecalendar](http://www.burmanu.ca/googlecalendar)

# IMPORTANT DATES

## Airport Shuttle Costs

To avoid long airport wait times, if at all possible, please book your student's ticket with these shuttle times in mind. The Shuttle Reservation booking form can be found on our website at [www.burmanu.ca/transportation](http://www.burmanu.ca/transportation).

|                                  |                        |                                 |                            |
|----------------------------------|------------------------|---------------------------------|----------------------------|
| <b>Drop-Off Edmonton Airport</b> | \$44.00 +GST           | <b>Pick-up Edmonton Airport</b> | \$44.00 +GST               |
| Leave Lakeview Hall              | 6 am arrive @ 7:30 am  |                                 | 7am/10:30am/2pm/5:30pm/9pm |
| Leave Lakeview Hall              | 9:30 am arrive @ 11 am |                                 |                            |
| Leave Lakeview Hall              | 1 pm arrive @ 2:30 pm  |                                 |                            |
| Leave Lakeview Hall              | 4:30 pm arrive @ 6 pm  |                                 |                            |
| Leave Lakeview Hall              | 8 pm arrive @ 9:30 pm  |                                 |                            |
| <b>Drop-Off Calgary Airport</b>  | \$66.00 +GST           | <b>Pick-up Calgary Airport</b>  | \$66.00 +GST               |
| Leave Lakeview Hall              | 6 am arrive @ 8 am     |                                 | 12pm/8pm                   |
| Leave Lakeview Hall              | 4 pm arrive @ 6 pm     |                                 |                            |

\*Shuttle transportation to Edmonton is not available for pickup on Friday after the 2pm shuttle until Sunday morning.

## Airport Shuttle Dates 2019/2020

Freshman arrival: August 23 (Shuttles until 2pm), 25  
 Thanksgiving Break: October 11 (Shuttles until 1pm)  
 Thanksgiving Return: October 15  
 Remembrance Day Break: November 8  
 Remembrance Day Return: November 11  
 Christmas Break: December 11, 12, 13 (Shuttles until 9:30am)  
 Winter Term: January 3 (Shuttles until 2pm), 6  
 Family Day Break: February 14 (Shuttles until 1pm)  
 Family Day Return: February 18  
 March Break: March 13 (Shuttles until 1pm), 15  
 March Break Return: March 22  
 Easter Break: April 10 (Shuttles until 1pm), 14  
 Summer Break: April 21, 22, 26, 27

Shuttles only travel when there are seats reserved.

For anyone scheduling service outside of the dates mentioned above with less than 3 riders will be assessed an additional cost of \$35.00 per rider.

Shuttle requests are due no later than 3 working days in advance of the trip. Otherwise there is a late fee of \$50.00.

\*These rates are subsidized rates for BurmanU/PAA full time enrolled students ONLY. We are happy to provide transportation for individuals visiting our campus for other programs at a non-subsidized rate. Please visit the airport shuttle service policies page for more information.



# LOCAL AMMENITIES



| BANKS               | ADDRESS                            | PHONE NUMBER | HOURS OPEN                |
|---------------------|------------------------------------|--------------|---------------------------|
| TD Bank             | 5116 51 Ave                        | 403-782-6687 | Mon - Thur 9:30 am - 5 pm |
| Scotia bank         | Lacombe Centre Mall,<br>5230 45 St | 403-782-3321 | Mon - Thur 9:30 am - 4 pm |
| BMO                 | 5013 50 Ave                        | 403-782-3356 | Mon - Thur 9:30 am - 4 pm |
| CIBC                | 5002 50 Ave                        | 403-782-4501 | Mon - Thur 9:30 am - 5 pm |
| RBC                 | 5022 50 Ave                        | 403-782-3326 | Mon - Thur 9:30 am - 5 pm |
| Servus Credit Union | 4920 51 Ave                        | 403-782-3387 | Mon - Thur 9:30 am - 5 pm |
| ATB Financial       | 4720 51 Ave                        | 403-782-3550 | Mon - Thur 9:30 am - 5 pm |

| RESTAURANTS                    | ADDRESS           | PHONE NUMBER  | HOURS OPEN                        |
|--------------------------------|-------------------|---------------|-----------------------------------|
| Boston Pizza                   | 5846 AB - 2A      | 403-782-9988  | 11 am - 1 am                      |
| Cilantro and Chive             | 5021 50 St        | 403-782-2882  | 11 am - 9 pm                      |
| Eastside Eatery                | 5210 Wolfcreek Dr | 403-782-7435  | 8 am - 3 pm                       |
| Leto's Steakhouse              | 4944 AB - 2A      | 403-782-4647  | 11 am - 11 pm                     |
| Morrison House Cafe            | 5331 51 Ave       | 403-789-1234  | 11 am - 3:30 pm                   |
| Marion's Eatery                | 5136 47 St        | 403- 786-9990 | 7 am - 8 pm                       |
| Pho & Rice                     | 5830 Highway St   | 403-782-7366  | 11:30 am - 2:30 pm<br>4:30 - 8 pm |
| Station Restaurant             | 5038 Highway 2A   | 403-789-0111  | 11 am - 9 pm                      |
| Sushi Maru Japanese Restaurant | 4927 50 Ave       | 403-786-0017  | 11:30 am - 2:30 pm<br>4:30 - 9 pm |
| Tasty Bites                    | 5240 45 St        | 403-782-0999  | 10 am - 9:30 pm                   |

\*We are just sharing information, Burman University is not promoting any of these businesses.

| MEDICAL FACILITIES                | ADDRESS                    | PHONE NUMBER |
|-----------------------------------|----------------------------|--------------|
| Medcombe Walk in Clinic           | 4956 Hwy 2A                | 403-782-1408 |
| Family Medical Associates         | 5021 51 St                 | 403-782-3351 |
| Mainstreet Medical Services       | 5035 50 St unit 105        | 403-782-6717 |
| Lacombe Hospital and Care Centre  | 5430 47 Ave                | 403-782-3336 |
| Red Deer Regional Hospital Centre | 3942 50 A Ave,<br>Red Deer | 403-343-4422 |

| OTHER MEDICAL FACILITIES          | ADDRESS                                | PHONE NUMBER |
|-----------------------------------|--|--------------|
| Aurora Dental Group               | 3 - 6220 Hwy 2A                        | 403-782-2823 |
| Dolman Dental Clinic              | 5206 51 Ave Unit 201                   | 403 782-6900 |
| Lacombe Dental Clinic             | 5015 51 St                             | 403-782-3755 |
| Family Eyecare                    | 5114 Hwy 2A                            | 403-782-6076 |
| Lacombe Vision Centre             | Lacombe Centre Mall<br>10 - 5230 45 St | 403-782-6077 |
| Lacombe Physiotherapy Clinic, LTD | 6220 Hwy 2A                            | 403-782-5561 |





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**MARKETING AND ENROLMENT SERVICES**

Christina Lister: (647) 300-1054

Tiniel Parredon-Pelley: (416) 388-9040

Melody Ilacas: (647) 328-6352

**STUDENT SERVICES/CUE QUEST**

(403) 782-3381 ext. 4033

**STUDENT FINANCIAL SERVICES**

(403) 782-3381 ext. 4016

**STUDENT EMPLOYMENT**

(403) 782-3381 ext. 4016

Student Employment contact list available  
at Student Financial Services

**INFORMATION TECHNOLOGY**

(403) 782-3381 ext. 4021

**FIRST YEAR ACADEMIC ADVISORS**

Bonita Campbell: (403) 782-3381 ext. 4051

Julie Grovet: (403) 782-3381 ext. 4051

Trina Hosking: (403) 782-3381 ext. 4089

**DORMITORY/SWITCHBOARD**

(403) 782-3381 ext. 5000, 0

**REGISTRAR**

(403) 782-3381 ext. 4026

**FACILITY MAINTENANCE**

(403) 782-3381 ext. 4130

Airport Transportation/Parking/Security

**ABC BOOKSTORE/TEXTBOOKS**

(403) 782-4416

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Student Services Policies and Student Handbook

<https://www.burmanu.ca/studentservices/policies>

