

BS_c WELLNESS: DEGREE REQUIREMENTS FOR 2020-2021
PROGRAM TOTAL CREDITS REQUIRED: 120 / MINIMUM CGPA FOR CONFERRAL: 2.00

	CR REQ	CRS PFX	CRS #	GR	CR
MAJOR REQUIREMENTS - MINIMUM GRADE: C -					
Cultural Anthropology	3	ANTH	205		
Medical Terminology	3	HLED	200		
Global Public Health	3	HLED	206		
Health Screening and Basic Remedies	3	HLED	224		
Drugs in Society	3	HLED	265		
Principles of Health Education	3	HLED	300		
Mechanisms of Disease	3	HLED	305		
Public Health and Epidemiology	3	HLED	310		
Practicum	3	HLED	385		
Principles of Environmental Health	3	HLED	401		
Health Policy and Determinants of Health	3	HLED	420		
International Development	3	HLED	425		
Weight Training/Conditioning	1.5	PEAC	249		
Responding to Emergencies	1.5	PETH	275		
Exercise Physiology	3	PETH	415		
Developmental Psychology	3	PSYC	260		
Health Psychology	3	PSYC	270		
Principles of Nutrition	3	SCNC	225		
1 OF THE FOLLOWING	3				
Stress and Leisure		HLED	308		
International Emergency and Relief Mgmt.		HLED	325		
1 OF THE FOLLOWING	3				
Administration of Healthcare Org.		BUAD	330		
Global Politics and Public Health		PLSC	331		
Sociology of Gender Roles		SOCI	374		
Ethnic and Minority Relations		SOCI	436		
Sociology of Aging		SOCI	465		
SOCI >299		SOCI			
TOTAL	57				

COGNATE REQUIREMENTS - MINIMUM GRADE: D					
Speech Fundamentals	3	COMM	130		
Personal Computer Applications	3	CPTR	106		
Introduction to Statistics	3	MATH	240		
Ethics	3	PHIL	410		
BCHM/BIOL Options*					
Biology/Biochemistry	6				
Biochemical Molecules		BCHM	310		
Biochemical Processes		BCHM	315		
Anatomy and Physiology I		BIOL	111		
Anatomy and Physiology II		BIOL	112		
Introductory Biology		BIOL	119		
Biological Diversity		BIOL	120		
Microbiology		BIOL	216		
Principles of Ecology		BIOL	230		
Animal Physiology		BIOL	364		

	CR REQ	CRS PFX	CRS #	GR	CR
COGNATE REQUIREMENTS (CONTINUED) - MINIMUM GRADE: D					
CHEM Options**	6				
Fundamentals of General Chemistry		CHEM	101		
Fundamentals of Organic and Biological Chemistry		CHEM	102		
Introductory University Chemistry I		CHEM	111		
Introductory University Chemistry II		CHEM	112		
TOTAL	24				

BREADTH REQUIREMENTS*** - MINIMUM GRADE: D					
RELIGIOUS STUDIES					
RELB, RELG, RELH, RELT course >299 (3)	9	REL_			
RELB, RELG, RELH, RELT courses (6)					
1)		REL_			
2)		REL_			
HUMANITIES					
No more than 3 credits from any one discipline	6				
Select from: ARTH, ENGL 201, 202, 203, 212, 275, 295, 330, 460, MUHL 165, PHIL					
1)					
2)					
SOCIAL SCIENCES					
Introduction to Psychology	6	PSYC	160		
Introduction to Sociology		SOCI	160		
SCIENCES					
Health and Fitness	3	PETH	250		
TOTAL	24				

ELECTIVES - MINIMUM GRADE: D					
General Electives >299	6				
General Electives****	9				
TOTAL	15				

* Choose 2 (Premed choose BIOL 119/120, Allied and Public Health choose BIOL 111/112)

** Choose 2 (Premed and PrePT (Pre-Physical Therapy) choose CHEM 111/112)

*** Scholars Program replaces Breadth Requirements. See Scholars Advisor for details.

**** Premed and PrePT choose PHYS 111/112

WELLNESS

FACULTY

E. Ellison Obisike, DHSc, Assistant Professor (Chair)

Klaus J. Irrgang, Dr. PH, Associate Professor

BACHELOR OF SCIENCE	
Wellness	120 credits

BACHELOR OF SCIENCE (THREE-YEAR)	
Wellness	90 credits

MINOR	
Wellness	20.5 credits

RELATED PROGRAMS	
International Health and Development Studies - BA (Three-Year) See Outward Pursuits.	

RECOMMENDED COURSE SEQUENCE**

BSc WELLNESS

PR	Year 1, Fall	Cr	PR	Year 1, Winter	Cr
MJ	HLED 200	3	MJ	HLED 206	3
CG	One of the BCHM/BIOL options	3	CG	One of the BCHM/BIOL options	3
BR	PSYC 160	3	BR	SOCI 160	3
BR	PETH 250	3	BR	Breadth Requirement	3
BR	Breadth Requirement	3	BR	Breadth Requirement	3
		15			15

PR	Year 2, Fall	Cr	PR	Year 2, Winter	Cr
MJ	ANTH 205	3	MJ	HLED 224	3
MJ	PSYC 260	3	MJ	HLED 265	3
CG	COMM 130	3	MJ	PSYC 270	3
CG	CHEM 101 or 111	3	MJ	PEAC 249 and PETH 275	3
CG	MATH 240	3	CG	CHEM 102 or 112	3
		15			15

PR	Year 3, Fall	Cr	PR	Year 3, Winter	Cr
MJ	HLED 300	3	MJ	SCNC 225	3
MJ	HLED 310	3	MJ	PETH 415	3
MJ/ EL	HLED 308 or Elective	3	MJ/ EL	HLED 325 or Elective	3
CG	CPTR 106	3	BR	Breadth Requirement	3
EL	Elective	3	EL	Elective	3
		15			15

PR	Year 4, Fall	Cr	PR	Year 4, Winter	Cr
MJ	HLED 425	3	MJ	HLED 385	3
MJ	HLED 420	3	MJ	HLED 401	3
MJ	HLED 305	3	MJ	PLSC 331 or SOCI >299* or BUAD 330	3
BR	Breadth Requirement	3	CG	PHIL 410	3
EL	Elective >299	3	EL	Elective >299	3
		15			15

* Recommended SOCI 374, SOCI 436, SOCI 465

** Students admitted to the Burman University Scholars program must see the Scholars advisor for course sequence.