



The Sixteen Personality Factor Questionnaire (16pf) measures personality on two hierarchical levels, primary and secondary traits, and has been developed as a result of extensive factor analyses of large arrays of behavioral items.

In relation to career development, the results of the 16pf can be used to:

- Provide information on personal strengths
- Organize results around five key themes:
 - Problem solving resources
 - Patterns for coping with stressful conditions;
 - Interpersonal interaction styles;
 - Organization role and work-setting preference
 - Career activity interests
- Provide a framework for discussions related to career development, and
- Assist in exploring career transition and planning.

For more information on the 16pf, follow this [link](#).

Please connect with the Sakala Success Centre if you would like more information on this assessment or if you would like to set up an appointment.

Please note, there is a small fee for this assessment. The cost (varies depending on the specific report but is less than \$40.00) can be charged directly to your school account.



Information above taken from:

- https://www.16pf.com/en_GB/product/16pf-career-development-report/
- [Science Direct – Sixteen Personality Factor Questionnaire](#)