

# C0-Curricular SERVICES ACTIVITY GUIDE FOR 2022-2023

**SKILLS**

There are seven skills that are acknowledged as part of the process:

1. Interpersonal Communication
2. Problem Solving
3. Creative and Critical Thinking
4. Personal Responsibility
5. Leadership
6. Adaptability
7. Teamwork

**CLUSTERS and ACTIVITIES**

These skills are matched with activities in the following activity areas:

- Community and Service Activities
- Employment
- Creative and Performance Activities
- Academic Extension Activities
- Educational and Scholastic Activities
- Sporting Activities
- Other Activities (not specified elsewhere)

This process will:

- apply to all students registered in the CC activity program.
- operate as a simple threshold which is met when an applicant has attained 4 out of 7 skills
- promote engagement and well-roundedness
- highlight skills that enhance employability outcomes of students

This process will not:

- competitively rank students by the activities they undertake
- change a student's GPA or CGPA
- remove eligibility requirements for individual program participation.

CLUSTERS AND ACTIVITIES	COMMITMENT REQUIREMENTS FOR 2022-23	EXAMPLES	SKILLS							TOTAL SKILLS
			Interpersonal Communication	Problem Solving	Creative and Critical Thinking	Personal Responsibility	Leadership	Adaptability	Teamwork	
<p>The activities below apply to students who commence at BU in 2023. The activities must be pursued sometime during the year with the requirements met before the deadline of April 30, 2023</p>										
<b>Community and Service Activities</b>										
Volunteering	At least 30 hours over eight months	Includes working in local community organizations whether religious or not, as well as volunteering for non-profit organizations such as A Better World and Canada Diabetes Foundation, Canadian Cancer Foundation, Big Brothers Big Sisters. Food banks, Soup Kitchen and other fundraising or sporting events.								
Mission Service	At least 30 hours over eight months	Mission Trip, Urban Mission Trip, Community service								
Leadership in Community Engagement	At least 30 hours over eight months	Includes Vacation Bible School, Mission Trip, initiating community service campaigns or activities								
Member of a Community based Club or organization	Continued participation in the activity over eight months	Army Reserves, Royal Life Saving, Rural Fire Service								
Campus Ministries, Student Association or Senate	Continued participation in the activity over eight months									
School Captaincy or Club Executive	Continued participation in the activity over eight months									
Youth Programs	Continued participation in the activity over eight months	Pathfinders or Adventurers Club, Scouts Canada, Cadets								
Caring for a family member or individual with specific needs (Primary and Secondary carer roles included)	Continued service over eight months	Includes being a Primary or Secondary care giver								
<b>Employment</b>										
Paid Employment	At least 30 hours over four months	Casual or part-time work, including working events, the family business or an entrepreneurial venture								
Work Experience	At least 30 hours over four months	Includes unpaid employment, internships, placements  Combined total number of hours for different Internships or Placements will be accepted								
<b>Creative and Performance Activities</b>										

CLUSTERS AND ACTIVITIES  The activities below apply to students who commence at BU in 2023. The activities must be pursued sometime during the year with the requirements met before the deadline of April 30, 2023	COMMITMENT REQUIREMENTS FOR 2022-23	EXAMPLES	SKILLS							TOTAL SKILLS
			Interpersonal Communication	Problem Solving	Creative and Critical Thinking	Personal Responsibility	Leadership	Adaptability	Teamwork	
Creative Art (Individual)	Participation in a competition OR by exhibition	Includes Painting, Photography, Sculpting, Textiles, Sketching Competitions.								
Creative Art (Team)	Participation in a competition OR continues participation in the activity over eight months	Short Film Competition, Screen IT, Mural creation, B-filmed Competition								
Writing	Participation in a competition OR by publication	Includes competitive awards for writing as well as published works								
Poetry	Participation in a competition OR by publication	Competitions such as								
Creative Performance (Individual)	Participation in a competition OR Continued participation in the activity over eight months	Includes Dance, Praise Band, Vocal Music, Musical Instruments, The Royal Conservatory Certificate Program (or similar).								
Creative Performance or Production Cast or crew member (Group)	Participation in a competition OR Continued participation in the activity over eight months	Includes Burman Choir, Burman Orchestra, Ubuntu, Burman Drama Society or Drumline. Community Band Member, Dance Crew or other School or Community Productions.								
Lead Performer or Lead Crew Member of a Creative production	Participation									
<b>Academic Extension Activities</b>										
Research Programs	Participation	Includes								
Summer Academic Programs	Participation	Includes								
Academic Enrichment Program	Participation	Includes								
International Academic Exchange	Participation									
<b>Educational and Scholastic Activities</b>										
Educational Competition, Test or Challenge (Individual)	Participation	Includes								
Educational Competition, Test or Challenge (Team)	Participation	Includes								
International Education Competition, Test or Challenge (Individual)	Participation	Includes								
International Education Competitions, Test or Challenge (Team)	Participation	Includes								
Youth Forums	Participation	Includes								
International Youth Forums	Participation	Includes								
United Nations Association of Canada or Youth Parliament	Participation	UN Canada								
Public Speaking	Participation in a competition OR Continues participation in the activity over eight months	Includes								
Model United Nation or Debating	Participation in a competition OR Continues participation in the activity over eight months	Includes School Debating Challenge and Interschool Debating Competitions, National Schools Debating Championships,								
Conducting an Animal Show/Exhibition	By Exhibition									
<b>Sports, Games and Online Gaming Activities</b>										
Sports, Games and Online Gaming (Individual)	Participation in a competition OR Continued participation in the activity over eight months.  If the activity is Online Gaming, participation in a completion is required	Includes Athletics, Gymnastics, Running, Tennis, Swimming, Triathlon, Martial Arts or Combat sports, Equitation  This activity also includes Competitive E-gaming and Chess competitions								
Sports, Games and Online Gaming (Team)	Participation in a competition OR Continued participation in the activity over eight months.	Includes Burman Sports teams such as Soccer, Volleyball, Basketball, Hockey, Acronaires. Community based sanctioned sports teams.  This activity also includes E-Sports competitions								
Coaching or Leading a Sport, Game or an Online Gaming Activity	Participation in a competition OR Continued participation in the activity over eight months.									

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			Interpersonal Communication	Problem Solving	Creative and Critical Thinking	Personal Responsibility	Leadership	Adaptability	Teamwork	
Umpiring a Sport, Game or Online Gaming Activity	Continued participation in the activity over eight months									
Other Activities (select only if your activity does not fit under an other category)										
Other Activities not elsewhere specified. Assessment on a case-by-case basis			Assessment on a case-by-case basis							

\*Thank-you to ANU for this outline and template